

Support for you

Here for you
beatingbowelcancer.org



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Beating Bowel Cancer is the support and campaigning charity for everyone affected by bowel cancer.

When bowel cancer hits, it can be hard to know where to turn and it's natural to have lots of questions and concerns. That's why we run the UK's only nurse-led specialist helpline for bowel cancer which patients, families and carers call a 'lifeline'. Whatever your situation, our nurses will always listen and be supportive.



Our nurse helpline

Call us on **020 8973 0011**. We're open from 9:00am to 5:30pm Monday to Thursday and from 9:00am to 4:00pm on Fridays.

Email us any time on **nurse@beatingbowelcancer.org**

"If you've got questions about bowel cancer or need support, we're here for you."

Booklets and factsheets

We provide specialist information to anyone affected by bowel cancer. Our range of accredited booklets gives clear facts combined with real patient experiences.

You can order our free booklets and factsheets by calling **020 8973 0000** or download them from our website at **beatingbowelcancer.org**

Bringing people with bowel cancer together

Growing a community of patients, families and carers who want to share their experience of bowel cancer and support each other is right at the heart of what we do.

We connect people through our website, online forum, patient-to-patient support, social media and major events such as our Patient Days.

To get involved and find out more visit **beatingbowelcancer.org**

"Without the support, infinite knowledge and compassion of the nursing team at Beating Bowel Cancer, my journey with the disease would have proved a more frightening and lonely experience."

Alison, bowel cancer patient

We are a charity that relies entirely on voluntary donations and gifts in Wills and by giving a donation you will help fund a range of vital services that give people with bowel cancer help, hope and reassurance.

£10 could cover the cost of providing 100 worried members of the public access to Beating Bowel Cancer's vital online information on bowel cancer symptoms.

£15 could pay for 20 copies of Beating Bowel Cancer's 'Eating Well' booklet which gives dietary information for people undergoing treatment for bowel cancer.

£25 could cover the cost of providing a Beating Bowel Cancer nurse to answer a call to our helpline.

£50 could cover the cost of providing Beating Bowel Cancer's online patient forum for a day, allowing patients, their families and friends to share their experiences.

To make a donation please visit
beatingbowelcancer.org/donate
or call **020 8973 0000**

Beating Bowel Cancer

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