

Beating Bowel Cancer is a leading UK charity providing clear information, support and guidance for anyone affected by bowel cancer. Our Patient Services team includes specialist nurse advisors and staff dedicated to patient & relative support. We offer a free, friendly service by telephone, email and via our website forum at www.beatingbowelcancer.org.

The impact of a bowel cancer diagnosis is likely to have a far reaching effect for both you and your family. Your ability to maintain a regular income can be affected by the need for significant time away from work for treatment and recovery. Additional expenses are common, e.g. travel and parking costs for hospital appointments, prescription costs, and often just from the additional household bills for heating and food while you are feeling unwell.

If you have a job, it is worth talking to your HR or Occupational Health department to find out what support they can offer as you go through treatment and rehabilitation. They can often be a great source of support and guidance, and organise a staged return to work if you need it.

If you are the main carer for another adult, it is likely that you will need extra help and possibly financial support during and after your treatment. You should discuss these concerns with your GP or your keyworker (social worker, district nurse) as soon as possible, so that applications for funding or additional help can be made in good time, allowing you to concentrate on your own health and wellbeing.

We list below a number of organisations that can provide specialist financial information and / or support.

General and Specialist Financial Information and Support

ACAS

T: 08457 474747 (ACAS Helpline)

W: www.acas.org.uk

ACAS aims to improve organisations and working life through better employment relations. They provide up-to-date information, independent advice and training; they also work with employers and employees to solve problems and improve performance.

Carers UK

T: 0808 808 7777

(Carers Line Wed/Thurs)

W: www.carersuk.org

Carers UK provides advice and information to carers, through the website, helpline, booklets and factsheets.

Citizens Advice Bureau

T: See Yellow Pages for local offices

W: www.citizensadvice.org.uk

The Citizens Advice service helps people resolve their legal, financial and other problems by providing free, independent and confidential advice.

UK Government

W: www.direct.gov.uk

Information on public services, including local government housing, private renting, benefits and owning your own home, housing benefit and council tax.



Beating Bowel Cancer

Harlequin House | 7 High Street | Teddington | Middlesex | TW11 8EE

T 08450 719 300 Nurse Helpline T 08450 719301

patients@beatingbowelcancer.org

Registered Charity No: 1063614

www.beatingbowelcancer.org

Registered Company No: 3377182 (England & Wales)

Job Centre Plus

T: 0800 055 6688 (Benefits enquiries)
W: www.direct.gov.uk/en/Employment/Jobseekers
Supports people looking for work and gives people of working age the help and support they are entitled to if they cannot work.

Legal Aid

T: 0845 345 4345 (Helpline)
W: www.communitylegaladvice.co.uk

Housing Information/Support

Shelter

T: 0808 800 4444
W: www.shelter.org.uk
Shelter cannot house you, but their specialist advisers can help you get what you are entitled to.

Insurance

CancerHelp UK

T: 0808 800 4040 (Helpline)
W: www.cancerhelp.org.uk/coping-with-cancer
A free information service about cancer and cancer care for patients and their families.

Tax

HM Revenue and Customs (HMRC)

T: 0845 302 1479 (National Insurance general enquiries only)
W: www.hmrc.gov.uk
HMRC provides up to date information on current rates and allowances on all taxation matters. If you have concerns about how much you have paid in National Insurance contributions, this helpline will provide assistance.

Tax Credits

T: 0845 300 3900 (Helpline)
W: www.direct.gov.uk
Advice on whether you are entitled to tax credits and at what level. If you have young children, any loss of income should be notified immediately to the Tax Credits helpline, as you may be entitled to claim more money.

Tax Aid

T: 0845 120 3779
(10 – 12 am, Mon – Thurs)
W: www.TaxAid.org.uk
A charity providing free, independent and confidential tax and debt advice to people who cannot afford to pay a professional advisor.

Legal Advice

Community Legal Advice

T: 0845 345 4 345 (Helpline)
W: www.communitylegaladvice.co.uk
Means-tested, confidential and independent legal advice for residents of England and Wales, covering debt, welfare, employment, housing and education.

Macmillan Cancer Support

T: 0808 801 0304 (Benefits Helpline)
W: www.macmillan.org.uk
Practical, emotional and financial support for cancer patients, their families and carers.

If you have any questions or comments about this publication, or would like information on the evidence used to produce it, please write to us or email info@beatingbowelcancer.org.

 The Information Standard	This organisation has been certified as a producer of reliable health and social care information. www.theinformationstandard.org
Certified member	



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